

# Kyu Examen Kinder

Aikido Unlimited - Januar - 2025

| Kyu           | Tage      | Technik                                    | Angriff | Katate dori | Gyakute dori | Ryotedori | Morotedori | Munadori | Katadori | Ryokata dori | Katadori menuchi | Shomenuchi | Yokomenuchi | Tsuki | Ushiro ryotedori | Ushiro ryokata dori | Ushiro eri dori |
|---------------|-----------|--------------------------------------------|---------|-------------|--------------|-----------|------------|----------|----------|--------------|------------------|------------|-------------|-------|------------------|---------------------|-----------------|
| <b>8. Kyu</b> | <b>20</b> | <b>Grundlagen - mind. 7 Jahre</b>          |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Verneigen Dojo/Lehrer/Partner              |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Irimi Tenkan - mae/ushiro Ukemi - Seiza    |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | <b>Tachi waza 3</b>                        |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Tainohenko kihon/kinonagare                |         | x           |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Kokiunage (Tür öffnen & Schritt)           |         | x           |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Ikkio omote                                |         |             | x            |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | <b>Suwari waza</b>                         |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Kokiuho                                    |         |             |              | x         |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | <b>Jyuwaza</b> frei 1 Person               |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
| <b>7. Kyu</b> | <b>30</b> | <b>Grundlagen - mind. 8 Jahre</b>          |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Irimitenkan mit P - Shiko - Kaiten         |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Rollen vw. aufstehen KiAi                  |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | <b>Tachi waza 3</b>                        |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Kokiuho (Daumen zu Bauchnabel)             |         | x           |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Kotegaeshi                                 |         |             |              |           |            |          |          |              |                  |            |             | x     |                  |                     |                 |
|               |           | Tenchi nage                                |         |             |              | x         |            |          |          |              |                  |            |             |       |                  |                     |                 |
| <b>6. Kyu</b> | <b>40</b> | <b>Grundlagen - mind. 9 Jahre</b>          |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Gürtel binden, bis 10 zählen auf Japanisch |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | 5 Schritte, Ukemi rw. aufstehen KiAi       |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | <b>Tachi waza 4</b>                        |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Kokiunage                                  |         |             |              | x         |            |          |          | x            |                  |            |             |       |                  |                     |                 |
|               |           | Ikkio omote & ura                          |         |             | x            |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Kotegaeshi                                 |         |             |              |           |            |          |          |              | x                |            |             |       |                  |                     |                 |
| <b>5. Kyu</b> | <b>45</b> | <b>Grundlagen - mind. 10 Jahre</b>         |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Alle Techniken bis 5. Kyu mit Namen kennen |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Jemandem helfen den Gurt binden - Zoris    |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Ukemi 20 mal vw. & rw.                     |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | <b>Tachi waza 5</b>                        |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Iriminage                                  |         |             |              |           |            |          |          |              |                  | x          |             |       |                  |                     |                 |
|               |           | Ikkio omote & ura                          |         |             |              |           |            |          |          |              |                  | x          |             |       |                  |                     |                 |
|               |           | Kokiunage                                  |         |             |              |           | x          |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | Shihonage                                  |         |             | x            |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           | <b>Jiuwaza als Nage und Uke</b>            |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|               |           |                                            | Angriff | Katate dori | Gyakute dori | Ryotedori | Morotedori | Munadori | Katadori | Ryokata dori | Katadori menuchi | Shomenuchi | Yokomenuchi | Tsuki | Ushiro ryotedori | Ushiro ryokata dori | Ushiro eri dori |

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| Kyu    | Tage | Technik                            | Angriff | Katate dori | Gyakute dori | Ryotedori | Morotedori | Munadori | Katadori | Ryokata dori | Katadori menuchi | Shomenuchi | Yokomenuchi | Tsuki | Ushiro ryotedori | Ushiro ryokata dori | Ushiro eri dori |
|--------|------|------------------------------------|---------|-------------|--------------|-----------|------------|----------|----------|--------------|------------------|------------|-------------|-------|------------------|---------------------|-----------------|
| 1. Kyu | 120  | <b>Tachi waza - mind. 13 Jahre</b> |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | 3 Techniken kihon/kinonagare       |         |             |              |           |            |          |          |              | x                |            |             |       |                  |                     |                 |
|        |      | 3 Techniken kihon/kinonagare       |         |             |              |           |            |          |          |              |                  | x          |             |       |                  |                     |                 |
|        |      | 3 Techniken kihon/kinonagare       |         |             |              |           |            |          |          |              |                  |            | x           |       |                  |                     |                 |
|        |      | 3 Techniken kinonagare             |         |             |              |           |            |          |          |              |                  |            |             | x     |                  |                     |                 |
|        |      | 3 Techniken kihon/kinonagare       |         |             |              |           | x          |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | 3 Techniken kihon/kinonagare       |         |             |              |           |            |          |          |              |                  |            |             |       | x                |                     |                 |
|        |      | 3 Techniken kihon/kinonagare       |         |             |              |           |            |          |          |              |                  |            |             |       |                  | x                   |                 |
|        |      | Shihonage kihon/kinonagare         |         | 3 Angriffe  |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | Iriminage kihon/kinonagare         |         | 3 Angriffe  |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | Kaiten nage kihon/kinonagare       |         | 3 Angriffe  |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | Kotegaeshi kihon/kinonagare        |         | 3 Angriffe  |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | Koshinage kihon                    |         | 3 Angriffe  |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | Kokyu nage kihon/kinonagare        |         | 3 Angriffe  |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | Juuj nage kihon                    |         | 3 Angriffe  |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | ikkyo-yonkio o/u kihon/kinonagare  |         | 3 Angriffe  |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | <b>Suwari waza</b>                 |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | Ikkio o/u kihon                    |         |             |              |           |            |          |          |              | x                | x          |             |       |                  |                     |                 |
|        |      | <b>Hamni handachi</b>              |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | Shihonage kihon                    | x       |             | x            |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | Iriminage kinonagare               |         |             |              |           |            |          |          |              | x                |            |             |       |                  |                     |                 |
|        |      | Kotegaeshi kinonagare              |         |             |              |           |            |          |          |              |                  |            |             | x     |                  |                     |                 |
|        |      | Kaitennage kihon                   | x       |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | 5 Techniken kinonagare             |         |             |              |           |            |          |          |              |                  |            |             |       | Ushiro waza      |                     |                 |
|        |      | <b>Buki dori</b>                   |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | Jo dori                            |         | 2 Techniken |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | Tachi dori                         |         | 2 Techniken |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | Tanto dori                         |         | 2 Techniken |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | <b>Ken</b> 1./2. kumitachi         |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | <b>Jo</b> 1./2. kumijo             |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |
|        |      | <b>Jyuwaza</b> frei 3 Personen     |         |             |              |           |            |          |          |              |                  |            |             |       |                  |                     |                 |